



James Gardiner

Coach & Performance Catalyst (a.k.a The Machine)



“

James brings life to any conversation. Period. His take on business performance, leadership and personal development, is unique and massively valuable.

*Tanya Memme, Emmy Nominated TV Host,
Home Staging & DIY Expert and Keynote Speaker.*

CONNECT WITH JAMES

 jim@leapzonestrategies.com

 www.leapzonestrategies.com

 604-312-9613

 @LeapZone

 /LeapZoneStrategies

 /Jim Gardiner

 leapzonestrategies.com/jim-gardiner

James is a natural leader and true generator of momentum and growth. With over two decades of hands-on experience in business and personal growth, he is motivated to help entrepreneurs face their challenges, uncover their secret sauce, and get their business to peak performance - so they can truly live the life of their dreams; by design.

Armed with the mental toughness and discipline forged thru athletics, James was able to put that focus to use in creating, opening, and running high profile restaurants and lounges in Manhattan and Los Angeles. These adventures paved the way to running hotels and resorts as a General Manager and Director of Operations overseeing 250 employees.

James multi-faceted career has led to motivational speaking across the United States, a stint as the spokesperson for the American Lung Association of New York, and most recently the host of his own Television show entitled "The Inspirational 30" on the Shaw Network where he had the privilege of sitting down with inspirational guests from all walks of life to share their unique and inspiring roads to authenticity.

JAMES' INTERVIEW TOPICS

High Performance Habits

- Mindset Mastery - Are you a part of the High-Performing 2%? Pivotal Success Habits to rapidly decrease overwhelm and boost focus, productivity & level of happiness.
- Motivation and Inspiration thru the Arena of Life – My Journey to becoming a Conscious Warrior.
- From hard work to heart work – How leading and operating from the heart speeds up growth and creates stronger, more aligned relationships.
- A successful business is to an entrepreneur what a gold medal is to an athlete – Are you playing to win or playing not to lose?

Marketing & Brand Positioning

- What is brand positioning and what are the 3 most vital positioning fundamentals to empower customers to choose YOU over anyone else; regardless of price.
- How to build a business, culture, and customer experience designed to delight and make life better.
- How to nail your competitive advantage/money-making edge.